

POTCAKEMAN TRIATHLON 2014
750M Swim / 21K Bike / 5K Run
Nassau, Bahamas
September 20th, 2014

Race Timing sponsored by Purina Pro Plan Pet Foods
racePROMPT.com

MALE OVERALL CHAMPION AND RUNNERS UP

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	2	203	Kelly Kramp	New Liskeard	1:12:08	16:27	0:40	34:09	0:26	20:27
2	3	149	Simon Lowe	Nassau	1:13:32	14:34	0:40	35:43	0:48	21:49
3	4	227	Will Fairbairn	Nassau	1:16:29	18:56	1:05	36:08	0:46	19:35

AGE-GROUP RESULTS

MALE AGE GROUP: 1 - 19

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	38	267	Meshach Roberts	Nassau	1:26:51	11:23	1:13	48:10	0:36	25:31
2	39	255	Mitchell Blacquiery	Nassau	1:27:08	17:36	1:14	42:06	1:08	25:06
3	61	178	Trent Joshua Strachan	Nassau	1:37:34	14:11	1:08	46:20	0:51	35:06

MALE AGE GROUP: 20 - 29

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	23	114	Marcos Aballi		1:21:46	13:26	0:52	43:58	0:42	22:51
2	27	246	Peter Wagner	Nassau	1:24:32	13:29	1:46	43:51	1:14	24:14
3	42	237	Richard Yardley	Nassau	1:27:29	19:21	1:05	41:32	0:33	25:01
4	46	223	Simon Darville	Nassau	1:30:19	19:29	1:00	42:58	1:17	25:36
5	47	251	Matthew Grammatico	Nassau	1:30:37	19:17	0:51	41:46	0:54	27:51
6	58	248	Kordero St. Cyr	Nassau	1:36:11	20:15	1:17	43:16	1:00	30:24

MALE AGE GROUP: 30 - 39

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	6	200	Cameron Roach	Nassau	1:17:25	13:32	0:52	38:07	0:33	24:24
2	9	238	Simone Bertoldo	Nassau	1:18:10	14:36	0:53	39:05	0:53	22:44
3	15	101	Greg Michelier	Nassau	1:20:23	15:06	0:54	39:14	0:41	24:28
4	20	113	Ray Cumberbatch	Freeport	1:21:29	16:43	1:00	39:10	0:34	24:03
5	22	221	Ben Hogarth	Nassau	1:21:45	15:02	0:43	39:38	0:30	25:54
6	25	243	Dorian Roach	Nassau	1:23:00	13:32	0:57	39:14	0:54	28:25
7	29	247	Donovan Rolle	Nassau	1:25:22	20:50	1:12	40:58	0:38	21:46
8	30	245	Neil Aris Morada	Nassau	1:25:26	22:39	0:38	38:52	0:44	22:34
9	34	147	Nick Barfell		1:26:13	19:17	1:21	42:23	1:36	21:38
10	44	225	Daniel Belton	Nassau	1:29:18	17:25	1:29	42:17	0:37	27:32
11	52	220	Daniel Weightman	Nassau	1:32:26	19:01	0:56	44:28	1:29	26:35
12	55	265	Jonathan Pendlebury	Nassau	1:33:46	20:48	0:54	42:58	0:52	28:15
13	63	199	Kris Shaw	Nassau	1:37:55	22:51	1:00	42:54	1:24	29:46
14	70	218	Mike Roberts		1:40:01	23:21	1:27	47:36	0:43	26:56
15	78	242	Juan Zatarain	Nassau	1:44:09	20:58	4:47	47:01	1:18	30:07
16	96	239	Rodrigo Paiva	Atlanta	2:06:54	37:06	3:33	51:03	2:32	32:43

MALE AGE GROUP: 40 - 49

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	7	244	Romeo Seymour	Freeport	1:17:50	15:30	0:38	37:23	0:44	23:37
2	10	206	Edward Ball	Great Falls	1:18:30	16:24	0:56	36:24	0:56	23:52
3	13	214	Jason McCarroll	Nassau	1:19:57	15:34	0:55	39:04	0:47	23:38
4	26	219	Chris Wright	Nassau	1:23:31	15:43	0:53	40:47	1:01	25:10
5	36	249	Ragil Cordova	Nassau	1:26:34	19:18	0:51	40:24	0:45	25:18

6	37	228	Tom Glucksmann	Gregory Town	1:26:35	12:46	2:11	43:06	0:36	27:59
7	51	235	Robert Osullivan	Nassau	1:32:17	19:32	2:00	40:28	1:41	28:37
8	69	272	Shawn Fox	Nassau	1:38:56	20:41	1:16	37:09	1:06	38:46
9	72	257	Keith Kelty	Nassau	1:41:02	17:39	2:10	41:50	1:48	37:37
10	74	205	Stephen Kemp	Nassau	1:41:50	20:27	1:56	46:59	0:37	31:52

MALE AGE GROUP: 50 - 59

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	11	241	Mark Davies	Nassau	1:18:41	14:09	0:46	37:36	0:49	25:23
2	31	215	Mario Carey	Ft Lauderdale	1:25:39	14:41	1:21	41:31	0:51	27:17
3	40	268	Gerald Wathen	Nassau	1:27:21	17:52	1:00	38:50	0:58	28:44
4	54	263	Pascal Ronveaux	Nassau	1:33:39	19:23	1:47	43:45	1:42	27:04
5	56	224	Marco Armbrister	Nassau	1:35:49	20:48	1:15	45:58	0:36	27:15
6	60	216	Peter Tynes	Nassau	1:37:22	22:43	2:11	40:16	1:15	30:58
7	67	258	Thierry Lamare	Nassau	1:38:44	16:49	2:42	46:46	1:24	31:05
8	87	233	Gordon Aitken	Nassau	1:50:01	25:22	3:40	49:14	1:29	30:18

MALE AGE GROUP: 60 - 99

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	64	213	Jeff Robertson	Nassau	1:37:55	19:54	1:08	41:32	0:44	34:38
2	93	254	Hennie Serfontein	Nassau	2:03:27	20:05	2:25	52:39	1:20	46:59

FAT TIRE: 01 - 99

Place	O'All	No.	Name	Age	City	Time	Swim	T1	Bike	T2	Run
1	49	230	Jermaine Mackey	34	Nassau	1:31:28	20:59	1:00	43:23	1:16	24:51
2	59	222	Peter Hill	36	Nassau	1:36:11	18:52	1:20	48:39	0:48	26:34
3	65	269	Michael Barford	47	Nassau	1:37:55	23:42	1:39	46:31	0:51	25:14
4	79	252	Mark Tranter	44	Nassau	1:44:19	20:44	2:05	48:45	1:00	31:47
5	82	270	Josh Collins	37	Glen Rock	1:46:19	22:35	2:05	51:05	0:54	29:43
6	88	115	Richard Hextel	45	Nassau	1:52:41	20:01	3:30	53:50	1:10	34:12
7	90	118	Cameron Knowles	40	Nassau	1:54:24	22:13	2:15	58:25	1:24	30:10
8	95	250	Gilbert Gray	56	Nassau	2:06:41	23:08	2:53	57:00	1:15	42:28
9	97	117	Stuart Cove	55	Nassau	2:10:41	25:33	4:25	1:03:57	0:46	36:03

FEMALE OVERALL CHAMPION AND RUNNERS UP

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	12	264	Ashleigh O'Mahony	Nassau	1:19:20	14:59	1:00	40:23	0:48	22:11
2	24	253	Anna Zywiolok	Nassau	1:22:07	15:36	1:18	39:55	0:56	24:24
3	41	210	Vicki Stafford	Freeport	1:27:24	18:11	1:12	38:52	0:50	28:22

AGE-GROUP RESULTS

FEMALE AGE GROUP: 1 - 19

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
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FEMALE AGE GROUP: 20 - 29

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	66	150	Karla Wells-Lisgrais	Nassau	1:38:28	18:03	1:16	47:38	1:04	30:30

FEMALE AGE GROUP: 30 - 39

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	45	240	Elizabeth Shaddock	Nassau	1:30:11	19:03	1:06	43:19	1:06	25:38
2	57	208	Brenda Crysler		1:36:08	16:14	1:51	47:12	1:22	29:32
3	73	266	Rebecca Parchment	Nassau	1:41:39	21:49	1:34	48:24	1:42	28:12
4	76	261	Clio Knowles	Coconut Creek	1:43:23	25:29	1:31	45:48	1:31	29:06

FEMALE AGE GROUP: 40 - 49

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	71	271	Caroline Moncur	Nassau	1:40:04	19:28	1:33	46:53	1:30	30:41
2	81	236	Mirela Osullivan	Nassau	1:45:46	25:26	3:48	49:22	1:41	25:32
3	85	209	Allie MacPhail	Nassau	1:49:11	16:32	1:00	52:49	0:46	38:06

FEMALE AGE GROUP: 50 - 59

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
1	62	260	Debbie Reid		1:37:35	16:53	1:47	49:44	0:42	28:31
2	99	119	Judith Smith	Nassau	2:27:20	37:19	3:28	1:01:13	1:07	44:15

FEMALE AGE GROUP: 60 - 99

Place	O'All	No.	Name	City	Time	Swim	T1	Bike	T2	Run
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FAT TIRE: 01 - 99

Place	O'All	No.	Name	Age	City	Time	Swim	T1	Bike	T2	Run
1	84	134	Melissa Rayburn	33		1:48:41	26:12	1:01	47:15	1:00	33:13
2	94	229	Heather Jenkins	38		2:05:03	21:54	1:37	1:03:21	0:35	37:39
3	98	259	Erin Whitley	21		2:22:17	29:49	3:23	1:08:43	1:00	39:24

RELAY RESULTS**MALE RELAY**

Place	O'All	No.	Team Name	Swimmer	Biker	Runner	Time	Swim	T1	Bike	T2	Run
1	1	293	Executive Marine	Joshua Rigby	David Mellor	Delroy Booth	1:05:10	11:56	0:32	35:07	0:24	17:13
2	5	283	Musketer	Simon Frank	Rowshan Jones	Esteban Andorra	1:16:49	13:31	1:20	35:32	0:44	25:44
3	8	279	Lazy Old Boys	Adam Isaac	Rob Rothwell	Phil Cumming	1:17:54	13:29	0:44	37:51	0:23	25:29
4	16	297	Shanikwa	Drew Lightbourn	Ian Brooke	Edwardo Viana	1:20:24	13:38	0:40	41:49	0:34	23:45
5	21	299	Shazam	Jacob Roach	Calvin Lockhart	Guido Zanchi	1:21:33	13:55	0:31	41:22	0:43	25:03
6	28	276	Think Simple	Greg Michelier	Rock Scofield	Will Gilbert	1:24:52	15:06	0:46	40:41	0:33	27:49
7	32	290	Beast Mode	Kordero St Cyr	Patrick Paul	Andrew Hanna	1:26:05	20:15	0:58	38:31	0:35	25:48
8	48	284	Dtv	Davide Longoni	Cecil Williams	Valerio Zanchi	1:30:44	13:49	1:25	42:04	0:43	32:44

FEMALE RELAY

Place	O'All	No.	Team Name	Swimmer	Biker	Runner	Time	Swim	T1	Bike	T2	Run
1	43	289	On Top Of The World	Liz Parkinson	Pia Venegas	Pia Venegas	1:27:56	13:43	0:37	45:41	0:29	27:28
2	50	291	Vagablondes	Anna Berg	Laura Pearsall	Sharleen Hanson	1:31:36	15:44	0:36	44:49	0:42	29:46
3	89	287	Tri-Terriers	Melissa Rayburn	Maura Gonzalez	Lorena Perez	1:53:06	26:12	0:37	58:35	0:39	27:06
4	91	285	Long Island Yellow Elders	Ashley Bethel	Tamica Adderley	Phyllis Darvill	1:54:49	21:13	0:48	58:06	0:59	33:45
5	92	296	Kck	Kaelin Colebroo	Chloe Sweeting	Kelsey Reid	1:58:09	18:48	0:54	1:04:06	0:32	33:50

MIXED RELAY

Place	O'All	No.	Team Name	Swimmer	Biker	Runner	Time	Swim	T1	Bike	T2	Run
1	14	286	Conch Slop	Carrie Saidi	Ian Rademaker	Lana Rademaker	1:20:19	15:30	0:37	37:22	0:32	26:20
2	17	298	Cruffy, Scruffy &	Amber Weech	Robert Bethell	Ryan Bethell	1:20:25	14:41	0:40	42:57	0:41	21:27

3	18	280	Flea The Thirty Somethings	Chris Jenkins	Richard Horton	Jennifer Marbur	1:20:32	13:55	0:38	38:53	0:29	26:39
4	19	278	Era Tri Harder	Peggy Stroud	Ken Chaplin	Kathryn DeSouza	1:20:42	15:35	0:39	40:15	0:32	23:43
5	33	292	Marathon Mall	Richard Pyfrom	Maria Piazza	David Chappell	1:26:10	15:25	0:49	43:19	0:30	26:09
6	35	262	The Firecrackers	Charlotte Evans	Simon Townend	Jacqueline Town	1:26:17	17:48	0:33	41:17	0:48	25:52
7	53	275	Bolo	Katherine/Chris	Katherine/Chris	Katherine/Chris	1:32:57	15:29	0:35	47:27	0:30	28:57
8	68	295	Conch Salad	Aleks Vanderpoo	Amanda Graham	Morgan Fraser	1:38:48	14:21	1:03	53:12	0:51	29:23
9	75	288	Can't Touch This	Turiea Carter	Miles Parker	Christyann Butl	1:43:07	18:56	0:47	50:23	0:36	32:27
10	80	281	Coco	Adriane Von Eck	Ulrich Filser	Ulrich Filser	1:45:09	15:38	0:46	50:36	2:33	35:37
11	83	277	Beavcakes	Andrew Smith	Michelle Wolosz	Michelle Wolosz	1:47:13	13:38	0:39	52:02	1:49	39:07
12	86	294	Non-Stop	Georggeta Taylo	Damon Beckles	Charles Gibson	1:49:33	26:36	0:53	52:42	0:58	28:26